

Russell Library offers many programs to enrich the lives of older adults who live in Middletown, Connecticut. Programs are offered within the library and at local facilities that serve the needs of older adults within our community.

## ***At the Library***

**Lunch and Learn Series** - These noon-time programs are presented by experts in a variety of fields. Topics include health issues, travel tips, fashion advice, organization techniques, resources for caregivers and more. Bring your lunch; we provide beverages and dessert.

**Film Discussion Series** - Past and present themes include *Dancing through the Decades*, *Hollywood and the Homefront* and *Alfred Hitchcock*. After the movie, discussions are led by a knowledgeable film critic or historian. Bring your lunch; we provide beverages and dessert.

**Computers and Technology** - Hands-on computer classes are offered each month. Topics include introduction to computers, internet, and basic to intermediate Word and Excel. In addition, thirty computers are available for public use. For patrons who are

sight impaired the library has an adaptive computer that magnifies the image and can read aloud information on the screen.

**For the Visually Impaired** - Russell Library offers a varied selection of large print books. You will also find a diverse collection of books on tape and CDs. A catalog of large print titles is available upon request. An Optolec reading machine, which enlarges print, is located in the Information Department.

*If you need accommodations for a disability, please call 347-2528, ext. 135, in advance.*

## ***In the Community***

**Book Discussion Groups** - Titles are chosen by the participants, and lively discussion groups are facilitated by the Older Adult Specialist from the library. Whether the book is a current best seller or a familiar classic, the interaction is always interesting and enjoyable.

**Homebound Library Cards** - This service is for patrons residing in Middletown apartments or health care facilities who are unable to travel to the library. A library volunteer will deliver library materials to you. This includes books, magazines, DVDs, and books on tape.

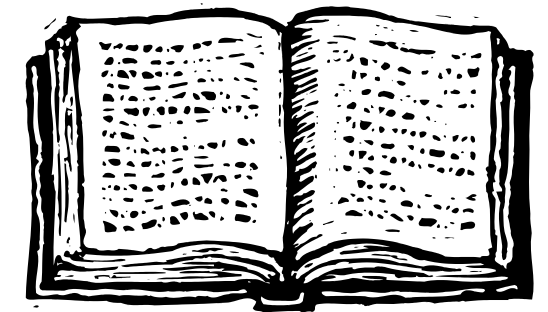
**Life Long Learning** - Russell Library offers discussion-based educational programs to patrons residing in facilities in our community. The Older Adult Specialist leads spirited discussions on art, travel, history, the topics are endless. Patrons are encouraged to express ideas, opinions and memories. Special requests are encouraged.

## ***Get Involved!***

Volunteering is a wonderful way to contribute to your community. We offer a variety of volunteer opportunities for all ages.

*If you ever need a helping hand, it is at the end of your arm. As you get older you must remember you have a second hand. The first one is to help yourself. The second hand is to help others.*

*Audrey Hepburn*



## ***How to Get to the Library***

We are located at 123 Broad Street in Middletown. Free, two-hour parking is available at the parking garage on Court Street. On-street parking is usually available as well as metered parking on Broad Street. Handicapped parking is clearly marked in front of the library. We are wheel chair accessible, and the entrance and exits have ramps for easy access. Our elevator provides access to the second floor Information and Computer Center. A walking aid and a wheelchair are available for in library use.

## ***How to Contact Us:***

Call the Russell Library at (860) 347-2528 or visit our website at [www.russelllibrary.org](http://www.russelllibrary.org)  
For outreach services to older adults call (860) 347-2528, ext. 165.

## **Hours of Operation**

Monday-Thursday	9am - 8:30pm
Friday	9am - 6pm
Saturday	9am - 5pm
Saturdays (Summer)	9am - 1pm
Sundays (October to May)	2pm to 5pm

You can drop off your books at any time using the book deposit window located at the front of the library.



Russell Library  
123 Broad Street  
Middletown, Connecticut 06457  
(860) 347-2528  
[www.russelllibrary.org](http://www.russelllibrary.org)



Russell Library  
**Services  
for  
Older  
Adults**

Middletown, Connecticut