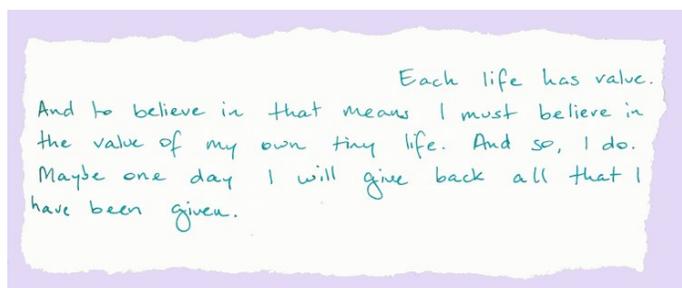
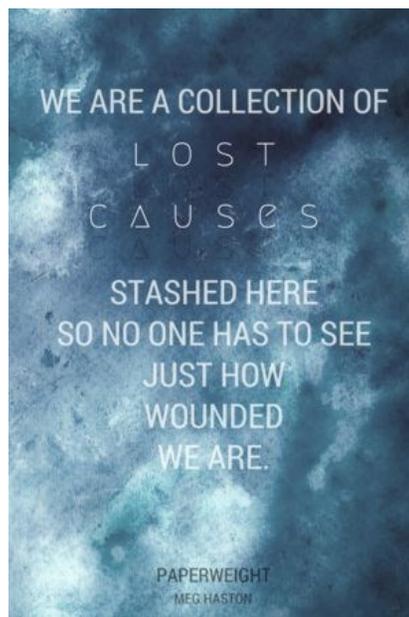
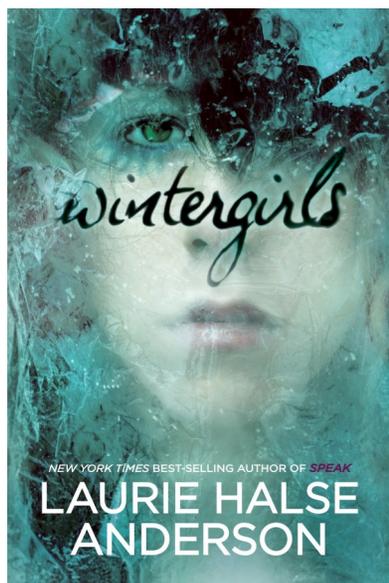


Skin and Bones by Sherry Shahan. Sherry Shahan's SKIN AND BONES, pitched as ONE FLEW OVER THE CUCKOO'S NEST meets LOVE STORY set in an eating disorder hospital in which an aspiring ballerina and a quirky nerdboy fall desperately in love only to become each other's next deadly addiction, to Wendy McClure at Albert Whitman. YA-SHA

Wintergirls by Laurie Halse Anderson. Lia and Cassie are best friends, winter-girls frozen in matchstick bodies, competitors in a deadly contest to see who can be the skinniest. But what comes after size zero and size double-zero? When Cassie succumbs to the demons within, Lia feels she is being haunted by her friend's restless spirit. YA-AND



Weight Issue

Characters who struggle with weight issues, including anorexia and bulimia/

Russell Library

Teen Department

123 Broad Street

Middletown , CT, 06457

860-347-2528

[Www.russelllibrary.org](http://www.russelllibrary.org)



45 Pounds (more or less) by K.A.

Barson Here are the numbers of Ann Galardi's life: Her Aunt Jackie is getting married in 10 weeks, and wants Ann to be her bridesmaid. So Ann makes up her mind: Time to lose 45 pounds (more

or less) in 2 1/2 months. Welcome to the world of infomercial diet plans, wedding dance lessons, embarrassing run-ins with the cutest guy Ann's ever seen—and some surprises about her NOT-so-perfect mother. And there's one more thing. It's all about feeling comfortable in your own skin—no matter how you add it up. YA-BAR

Dumplin' by Julie Murphy. Self-proclaimed fat girl Willowdean Dickson (dubbed "Dumplin'" by her former beauty queen mom) has always been at home in her own skin. Her thoughts on having the ultimate bikini body? Put a bikini on your body. With her all-American beauty best friend, Ellen, by her side, things have always worked...until Will takes a job at Harpy's, the local fast-food joint. There she meets Private School Bo, a hot former jock. Will isn't surprised to find herself attracted to Bo. But she is surprised when he seems to like her back. YA-MUR

Elena Vanishing by Elena Dunkle and Clara B. Dunkle. Elena has a daily goal to reduce calories. Elena is vanishing. This story was co-written by Elena's mother, Clara, and is told over a five year period. YA-B-DUN

Hunger by Kackie Morse Kessler. Lisabeth Lewis has a black steed, a set of scales, and a new job: she's been appointed Famine. How will an anorexic seventeen-year-old girl from the suburbs fare as one of the Four Horsemen of the Apocalypse? Traveling the world on her steed gives Lisa freedom from her troubles at home: her constant battle with hunger, and her struggle to hide it from the people who care about her. But being Famine forces her to go places where hunger is a painful part of everyday life, and to face the horrifying effects of her phenomenal power. Can Lisa find a way to harness that power — and the courage to battle her own inner demons? YA-KES

Paperweight by Meg Haston. Stevie's life is upside down. Her mother is gone, she drinks too much, she starves herself, and she killed her brother. She now finds herself in an eating disorder rehab facility where she must deal with her mother's abandonment, her eating disorder, and her brother's death. YA-HAS

Perfect by Ellen Hopkins. Everyone has something, someone, somewhere else that they'd rather be. For four high-school seniors, their goals of perfection are just as different as the paths they take to get there. Everyone wants to be perfect, but when perfection loses its meaning, how far will you go? What would you give up to be perfect? YA-HOP

Pointe by Brandy Colbert. She's eating again, dating guys who are almost appropriate, and well on her way to becoming an elite ballet dancer. But when her oldest friend, Donovan, returns home after spending four long years with his kidnapper, Theo starts reliving memories about his abduction—and his abductor. Donovan isn't talking about what happened, and even though Theo knows she didn't do anything wrong, telling the truth would put everything she's been living for at risk. But keeping quiet might be worse. YA-COL

